

MINGO COUNTY SCHOOLS – CHILD NUTRITION
PK-8 MENU BREAKFAST/LUNCH MENU
February 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>**** Lunch choices include milk, fresh fruits and vegetables on the salad bar. **** Breakfast choices include fresh fruit, fruit juice, milk, yogurt and cereal.</p>				<p>1 Breakfast Pizza Fruit & Juice ----- Breakfast for Lunch Sausage Eggs Diced Potatoes Gravy Biscuit Salsa Warm Apples Milk</p>
<p>4 Mini Pancakes Fruit & Juice ----- Breaded Chicken Sandwich on Bun w/ Lettuce & Tomato Baked Fries Pork and Beans Milk Fruit Choice</p>	<p>5 Breakfast Pastry & String Cheese Fruit & Juice ----- Pepperoni Roll Broccoli Parmesan Honey Carrot Coins Pears Milk Yogurt</p>	<p>6 Chicken Slider Fruit & Juice ----- Vegetable Beef Soup Grilled Cheese Sandwich Carrots w/ Dip Caesar Salad Crackers Apple Crisp Milk Fruit Choice</p>	<p>7 Apple Strudel Fruit & Juice ----- Breaded Chicken Nuggets Mashed Potatoes Green Beans WG Hot Roll Fruit Milk</p>	<p>8 Peaches & Cream Dunkers w/French Toast Sticks Fruit & Juice ----- Chicken Nachos Lettuce/Tomato/Cheese Chips & Salsa Steamed Corn Raspberry Churro Milk Fruit Choice</p>
<p>11 Cream Cheese Stuffed Bagel Fruit & Juice ----- Chicken Teriyaki Nuggets Potato Wedges Steamed Peas Cheese Breadstick Milk Peaches</p>	<p>12 MVP Breakfast & String Cheese Fruit & Juice ----- Steak and Gravy Mashed Potatoes Green Beans Hot Roll Applesauce Jello w/Fruit Milk</p>	<p>13 Sausage Croissant Fruit & Juice ----- Beef Taco in a Bag Lettuce, Tomato & Cheese Refried Beans Salsa Spanish Rice Mandarin Oranges Milk "Be Mine" Sidekick</p>	<p>14 Egg Biscuit Fruit & Juice ----- Pizza Wedge Caesar Salad Steamed Corn Red Velvet Cookie Milk Fruit Choice</p>	<p>15 Breakfast Pizza Fruit & Juice ----- Chicken & Noodles Broccoli Parmesan Honey Carrot Coins Cornbread Milk Scooby Bones Pears</p>
<p>18 FACULTY SENATE</p>	<p>19 Egg & Bacon Croissant Fruit & Juice ----- Chili w/Beans Grilled Cheese Baked Potato w/Margarine Crackers Fruit Choice Milk</p>	<p>20 Pancake on a Stick Fruit & Juice ----- School Made Pizza Caesar Salad Honey Carrot Coins Fruit Choice Milk Pudding Cup</p>	<p>21 Sausage Biscuit Fruit & Juice ----- Spaghetti w/Meat Sauce Steamed Corn Broccoli Parmesan WG Hot Roll Milk Fruit Choice</p>	<p>22 Cini Mini's & Yogurt Fruit & Juice ----- Corndog Macaroni & Cheese Pinto Beans Cole Slaw Milk Fruit Choice Ice Cream</p>
<p>25 Blueberry Pancake on a Stick Fruit & Juice ----- Cheeseburger Lettuce & Tomato Baked Oven Fries Baked Beans Fruit Choice Milk Rice Crispy Treat</p>	<p>26 Chocolate Muffin/String Cheese Fruit & Juice ----- Beefaroni Caesar Salad w/ Croutons Steamed Peas Hot Roll Applesauce Milk</p>	<p>27 Chicken Biscuit Fruit & Juice ----- National Strawberry Day Flatbread Pizza Honey Carrot Coins Broccoli Parmesan Fruit Choice Milk Strawberry Tart</p>	<p>28 Breakfast Bread & Yogurt Fruit & Juice ----- Chicken Drumstick Mashed Potatoes Green Beans WG Hot Roll Fruit Choice Milk</p>	

MENU ITEMS ARE ALWAYS SUBJECT TO AVAILABILITY. "THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."